

Studio Saolim

Arts martiaux – Training– Chamanisme – Margaret Morris

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
09h Ecoles	09h Tai chi	09h Méditation	9h Smovey	09h Tai chi		
	10h Ecoles		10h30 Ecoles	10h Tai chi		
				12h percussion		
	14h Ecoles	14h Kung fu	14h Ecoles		14h Démo	
17h Sport fac.	17h Kung fu		17h kung fu	17h Percussions		
18h Tai chi	18h Méditation	18h30 Marg. Mor.	18h Chi kung	18h Percussion		
19h Smovey	19h Mix Kung fu		19h Self défense	19 krav maga		
20h Kung fu						
21h Kung fu						

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